

Dates	Time	Mass Intentions and Celebrations	Prayer Calendar
Monday, February 4 Hebrews 11.32-40 Mark 5.1-20	7:30 am	† William Meek	Rev. Wojciech Kuzma
Tuesday, February 5 Hebrews 12.1-4 Mark 5.21-43 St. Agatha, (Memorial)	7:30 am	† Achille Luison	Rev. James McSharry
Wednesday, February 6 Hebrews 12.4-7, 11-15 Mark 6.1-6 St. Paul Miki and Companions, (Memorial)	7:30 am 6-6:45pm 7:00 pm	Special Intention of Stella Kuzyk Sacrament of Reconciliation Living & Deceased members of the CWL † Caterina Guerriero Living a& Deceased members of the K of C † Maria Presutti † Giovanni Maurizio † Angelo Mancuso † Brian Watson † Mijo & Dragica Borosic † Jenny Doyle † Josephine Charnish † Stefica Belan † Pierina Pin † Holy Souls in Purgatory Intentions of Sandra & Emilio Antonello & Family	Chaplains
Thursday, February 7 Hebrews 12.18-19,21-24 Mark 6.7-13	7:30 am 11:00 am	† Catherine Hannon Mass at Amica Retirement Home - † Msgr. Roger Formosi	Rev. Toby Collins
Friday, February 8 Hebrews 13.1-8 Mark 6.14-29 St. Jerome Emiliani, (OM) St. Josephine Bakhita, (OM)	7:30 am 8 - 9 am 5 - 7 pm	† Holy Souls in Purgatory Adoration of the Blessed Sacrament, (Benediction at 9 am) Adoration of the Blessed Sacrament, (Benediction at 7 pm)	Rev. Joseph Okoko
Saturday, February 9 Hebrews 13.15-17, 20-21 Mark 6.30-34 Our Lady's Saturday, (Optional Memorial)	8:30 am 4 - 5 pm 5:30 pm	† William Meek Sacrament of Reconciliation † Martin Thien Phu Nguyen † Angelo Mancuso † Angelo & Lucia DeVito † Rose Grant-Hose † Sam Mule † Lauricella Gaetano † Francesco DeMasi † Luigi Presutti † Giuseppe Morabito † Francesco & Linda D'Agostino † Mike Ljiljak † Mario Sciuillo † Mario Granata † Giuseppa & Ferdinando Chiappini † Elio Tirimacco	Rev. Franjo Sprajc
Sunday, February 10 Isaiah 6.1-2a, 3-8, 1 Cor. 15.3-8, 11 Luke 5.1-11	9:00 am 11:00 am 4:00 pm	† Carmelo & Antonia Costa † Umberto Chiappini † Rosario Romano	

"Anxiety is the greatest evil that can befall a soul except sin. God asks you to pray, but he forbids you to worry"
St. Francis de Sales

If you are visiting our community this Sunday, St. Francis Xavier Parish welcomes you!



CWL Save the Date

CWL ladies. Join us for our 70th Anniversary CWL Spring Luncheon to be held at Liuna Gardens on **Sunday, April 28, at 1 pm.** Tickets will go on sale in February and will cost \$35. More information will be coming.

World Day of the Sick

Mass with the Anointing of the Sick for all those in our parish community who are in need of this sacrament of healing will be offered on **Saturday February 16th at 8:30 am** here at St. Francis Xavier Parish. The ministry of Jesus to the sick is central to the life of the Church. February 11 (Memorial of Our Lady of Lourdes) highlights the healing ministry of the Church. It reminds us that service to the sick and suffering cannot be neglected. It recognizes the great efforts of doctors, nurses, health care institutions and pastoral care givers to restore health to those afflicted with illness and disease.



Marriage Preparation Program

Will be taking place on March 1/2. Letters are out to those couples from our parish who will be getting married in the near future. Anyone wishing more information, please call the parish office at 905-662-8593 or email: saintfx@cogeco.net as soon as possible.



Bible Camp 2019 - Save the dates!



Bible Camp is offered each summer for students in Gr. 2 - 5 (campers), Gr. 6 - 7 (leaders-in-training) and Gr. 7s who have completed the leader-in-training/Grades 8 and up (leaders). Camp combines a wide variety of activities including prayer, games, group discussions, crafts, sports, music, drama, and science experiments into an overall faith-focused theme. Registration forms and more information will be available after the March Break! This year's camp dates:

Week 1: July 8 – 12; Week 2: July 29 - August 2
Participants can choose **one** of the two weeks to attend. *If you will be 18 years of age or older during camp, are interested in volunteering, and would be a first-time volunteer at our parish, contact Wes at the church office by **Tuesday, April 30** so that there is adequate time to complete the necessary volunteer screening.*

Welcome to the Newly Baptized

We welcome the following children to the household of faith through the waters of Baptism: **Evelyn Hand & Matthew Geric.** Let us pray that they will continue to grow in faith, bearing witness to Christ by a life of holiness and service. Congratulations.



Lighthouse CD of the Month

Suicide is the second-leading cause of death for youth and young adults. Yet despite the many TV shows, movies, and articles on this topic, suicide, depression, self-harm, and loneliness remain difficult subjects for adults of any age to discuss. Speaking with honesty, humor, and personal experience, **Noelle Garcia** tackles these issues head-on, encouraging those who are struggling (or know of someone) that God's mercy and love are waiting for them; that you, and your life, truly matter. **This CD is available in the Lighthouse Media kiosk** found in the Narthex of the church.



Married Singles Lifestyle

describes couples that may have lost a sense of closeness they once had as marriage partners and are living more like roommates. Retrouvaille has helped thousands of couples experiencing difficulty at all levels. For confidential information about, or to register for the program beginning with a weekend **March 15, call 905-664-5212**, visit: retrouvaille.org or email: retrouvaille.hamilton@cogeco.ca.



Annual Bible Sunday

The Second Annual Bible Sunday will be observed in Hamilton Diocese this Sunday, **February 3, 2019.** The focus of observance this year will be Listening to God's Word at Mass. To highlight this theme Father Michael Patella, O.S.B, a monk of St. John's Abbey, Collegeville will be guest speaker at two special celebrations to be held on February 3rd, one at St. Michael Church, Waterloo (2:00 p.m.) and one at the Cathedral Basilica of Christ the King, Hamilton (7:00p.m.) Father Patella will be speaking on the Gospel of Luke which we will be hearing during this Liturgical Year.

Milk Bag Mats

Volunteers are always welcome to help cut milk bags and weave them into mats in the Chapel Hall here at St. Francis Xavier Parish, 7 pm to 9pm. Contact **Luisa at 905-379-9830** or email lconti@cogeco.ca. Students can earn community hours. Future sessions: Monday Feb. 11, & 25th.

E-Books

The Bishop Farrell Library & Archives offers a wide selection of eBooks on topics related to the Catholic faith including scripture and bible study, family and relationships, ministry, social justice, and church history, accessed via the Diocese website - hamiltondiocesebf1.overdrive.com. The eBook collection provides 24/7 access to our Library resources and can be used by anyone regardless of location. More information can be found at - bf1hamiltondiocese.wordpress.com or call the Library at 905-528-7988 ext. 2270. All are welcome to benefit from our resources!

Retreat Weekend at Camp Brebeuf

Get away for the weekend and spend some time with God and friends old and new! This retreat is offered each year to our youth ministry leaders and Digging Deeper youth group members, as well as to any other students in Grade 8 – 12 who would like to take part. It's an opportunity to reflect on and grow in our personal faith and relationship with God as well as to develop Christ-centred friendships with others. The retreat will explore a faith-focused theme through movies, games, discussions, Bible study, music, and more!
Dates: **Friday, March 1** (6:00pm departure) – **Sunday, March 3** (12:15pm return)
Cost to participate: \$50
Registration deadline: **Friday, February 22**

Find Your Voice!!

Whether you are afraid of public speaking or would like to take on a leadership role within the parish, the Christopher Leadership Course in Effective Speaking can help. The course begins Tuesday evening, **February 12**, at McMaster University. To register or for information, please visit clchamilton.com or call Frank at 905-662-4076.



Hamilton Food Share Food Drive



Bob Bratina's Hamilton-East Stoney Creek Constituency Youth Council is organizing its annual food drive in support of Hamilton Food Share. From February 9 - 22, there will be boxes located in the Narthex for collection of non perishable foods and goods. Thank you in advanced for your contribution.

Serra Club of Hamilton Dinner

The 16th Annual Celebration of Priesthood & Consecrated Life Dinner to honour and express gratitude to our Priests who are celebrating their 50th Anniversary of ordination, and to our Consecrated men and women who are celebrating their 50th Anniversary of professing vows. Candidates who will be ordained to the priesthood and profess final vows in the year 2018 will also be in attendance. The Dinner takes place on **Tuesday April 30**, at **Liuna Station, 360 James N. Seating will be assigned on a first paid basis**; you are encouraged to register early. Call Margaret Carreiro at 905-628-5682 or check celebrationprl.wixsite.com/dinner.

Upcoming Events

- Feb. 4 -7:00 pm – Quest & Epic Groups – GH/CH
- Feb. 4 - 7:00 pm – Youth Groups in Church
- Feb. 5 - 7:00 pm – Bible Study – CH
- Feb. 6 - 7:30 pm – CWL General Mtg. – SMR
- Feb. 7 - 7:00 pm – RCIA program – SMR
- Feb. 8 - 7:00 pm – SFX Card Club – GH + SMR
- Feb. 8 - 7:00 pm – Alpha training – ROR

Thank you to all who support our Parish with their financial offerings – your contributions assist in the spiritual, pastoral and practical work of the Parish and the upkeep of St. Francis Xavier Church.



2018 Income Tax Receipts

The tax receipts from \$20 and up are ready to be either picked up, e-mailed to you or post mailed. **If you wish to have your receipt emailed**, please request this by email to us along with your envelope number and address. The balance of receipts will be mailed out by the end of February.

Lenten Save the Date

St. Francis Xavier Parish Mission: The Fullness of Purpose. **April 7th and April 8th.** Are you living God's purpose for your life? Dynamic speaker and author Ken Yasinski will be leading a 2 day parish mission, designed to empower people to experience the life God has for them. This mission is Catholicism in everyday simple language that will make relevant the timeless truths of our faith. Come be inspired to live your full potential in life. **Want a free introductory talk by Ken! Text the word: FREETALK to 1-855-969-5300.**

Wedding Anniversary Mass

Are you celebrating your **25th, 40th, 50th, 60th, or 60+ Wedding Anniversary this year?** Join couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on **Sunday, June 9th**, at the Cathedral Basilica of Christ the King at 1:30 p.m. Call the parish office to register by May 19.

World Day for Consecrated Life

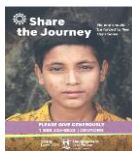
This weekend we rejoice and celebrate the World Day for Consecrated Life. Over the years, many men and women have chosen to live out their baptismal vocation by professing the evangelical counsels of poverty, chastity, and obedience. They do this by joining a religious congregation, a secular institute, or through private vows. We pray for them and ask God to bless our Church with others who will dedicate their lives to God's service.

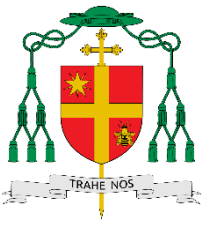
Prayer for Vocations:

Holy God, with gratitude in our hearts, we praise you for your love and your fidelity. You have shown us the way to holiness through Mary and Jesus and many faithful witnesses. You continue to call men and women to dedicate their lives through the vows of poverty, chastity, and obedience. Give them courage to respond generously to your call with "Here I am, send me!" Blessed by your Spirit, may we always proclaim your love with our lives. Amen.

Development and Peace 2019

This Lenten season **Development and Peace** and **Pope Francis** invite us to reach out and encounter migrants and refugees, to make a commitment to really go toward others, to stop, listen and really see them. To learn how to foster a culture of encounter in your parish or school join us for a **SHARE LENT WORKSHOP, Tuesday February 19, 7-9 pm.**, Annunciation Parish Hall, 280 Limeridge Rd.





Holy Hour of Prayer for Victims of Sexual Abuse

During 2018 a great deal of media attention has been directed to cases of sexual abuse by priests and bishops and the failure of the Church's leadership to address this issue which has caused so much pain and suffering for victims and brought hurt and disillusion to many members of the faithful.

On October 4, 2018 the Canadian Conference of Catholic Bishops published **Protecting Minors from Sexual Abuse: A Call to the Catholic Faithful in Canada for Healing, Reconciliation and Transformation**. In addition to providing valuable guidelines for addressing the issue of sexual abuse of minors, the document, offers insightful reflections on the effects of sexual abuse on the Catholic Church in Canada. At the November 13th meeting of the Presbyteral Council a thorough discussion took place regarding how we as a Diocese might address the issue. It was proposed that an Annual Holy Hour be observed in each Parish of the Diocese on the Second Sunday of Lent for the purpose of praying for victims of sexual abuse.

Upon the unanimous recommendation of the Presbyteral Council, **I hereby decree that effective on the Second Sunday of Lent each year, beginning on March 17, 2019, there is to be observed in every Parish in the Diocese of Hamilton a Holy Hour of Prayer for Victims of Sexual Abuse.**

At the request of the Presbyteral Council, the Liturgy Office has prepared a liturgical outline for the Holy Hour. I pray that this annual Holy Hour will be an instrument to bring about the healing of victims and their families, and an end to the abuse of minors and vulnerable adults.

Sincerely in Christ and Mary Immaculate
Bishop Douglas Crosby, OMI

Marriage Tip of the Month

Love is a choice, or more importantly, how we love is a choice. We can choose soft, complimentary and caring words, or we can choose harsh, cutting and angry words. Emotions in any relationship can run high at times, but we can control are emotions if we choose. We can take a moment to breathe deeply, ask ourselves if we want to hurt or offend the one we love and decide what the better words and tone to discuss an issue might be. When we choose wisely, we love more fully and our spouse responds in kind. Love is a choice – make wise decisions and your marriage will flourish. (Family Ministry Office, 905-528-7988 ext. 2250)



The Diocese of Hamilton is conducting the **One Heart, One Soul Campaign** to raise money

for every parish in the Diocese and for shared ministries. Answers to a set of **Frequently Asked Questions** appear in parish bulletins regularly. A compilation of all questions

that have been published are available throughout the campaign at oneheartonesoul.ca.

Are Parishes in a position to take on needed projects? This varies from Parish to Parish, but in general most Parishes are not in a strong position to take on major projects (those of \$250,000 or more), and many projects have been delayed because of a lack of funding. One of the main reasons for the diocesan capital campaign is to assist Parishes big and small to gain more solid footing for the future – whether that's by completing an overdue project, retiring debt, building a contingency fund or looking ahead with a new ministry or new staff.

What about Parish debt and Parish reserves – in general, where do things stand? The majority of the Parishes can meet their operating budget and can take on small capital projects. Only a few, however, have substantial savings. Some have incurred debt, and the Diocese assists where it can with donations & loans, some of which are interest-free, to Parishes.

Will the Parishes or the Diocese take on debt because of this campaign? It's possible for the right project and the right reasons, but that is to be determined by the Diocese and Parishes as the campaign planning moves forward.

What is the Ex Corde Foundation and how does it work? The Ex Corde Foundation was established in 2011 with a gift of \$21.5 million from the Diocese of Hamilton and provides financial assistance to Parishes and other Catholic charities within the Diocese and across Canada. Ex Corde, which means "From the Heart," is operated by a board of directors and provides grants to repair or renovate buildings; to provide and maintain religious artifacts and works of art; and to support religious education and catechesis. As of September 2018, the foundation had donated \$5.1 million, 90 percent of which has gone to parishes or other Catholic organizations within the Diocese. The grant amounts vary widely but commonly have been in the range of \$15,000 to \$25,000. The remaining 10 percent has gone to Catholic Parishes, dioceses or other organizations from outside the Diocese of Hamilton. The foundation board selects recipients twice a year from grant applications. **For a list of all the grants awarded, see the link on the Ex Corde website, www.excordefoundation.com**

THINKfast

THINKfast is a sleepover where participants learn about a particular social justice issue and spend



24 hours fasting from solid food as a reminder of those who are in need around the world. This year's focus is forced migration and the refugee crisis. Lots of fun and interactive activities are included. Come out for a fun and faith-filled experience and learn more about this important issue and how you can help! Age Group: Grade 5 and up. Dates: Friday, **March 22** (6:00pm) – Saturday, **March 23** (7:30pm). Cost to participate: \$20
Registration deadline: Monday, March 18