

5TH SUNDAY OF EASTER

“I am the way, the truth and the life.”

My friends, let us place ourselves inside this moment of the Gospel.

It is the Last Supper. Everything is collapsing. Judas has already gone out into the night. Peter the Apostle has just been told he will deny Jesus. The Cross is hours away. If YOU knew you had only a few hours left to live, what would you do? I am sure you would guard your time. You would choose it carefully, not wanting to waste a moment; you might even try to draw it out.

But what does Jesus do? He spends His time ... He spends His time with them, His closest friends. Not with perfect people. Not with strong people who might protect His time ... but with confused, afraid, fragile disciples who are about to fail Him. He does not withdraw from them. He does not say to them, “You are not worth my time.” He simply gives them the rest of His time. He is present to them, and He says: “Do not let your hearts be troubled.” He speaks. He teaches. He reassures. He answers their questions—even when they still do not understand. AND we hear them say: “Lord, we do not know where you are going,” and “Lord, show us the Father.” And through it all, Jesus spends His time with them. He does not rush them. He does not dismiss them. He gives them His attention—His presence, His time—His very self. Because His time... is His life. And He is spending it on them.

My friends, this is the shocking truth: On the night before He dies, Jesus does not protect His time. He pours it out. Which means this: You are worth His final hours. You are someone He desires to be with, especially when every minute matters most. He gives you what is most costly—His presence, His attention, His time, His life.

And then He says something even more astonishing: “I am the way, and the truth, and the life.” Not just a path to follow—but a life to imitate. So, if this is how Jesus spends His life—His time on us—then the question becomes unavoidable: How do we spend our time? Because the most expensive thing you will ever give someone is not money. It is your time—your life, hour by hour.

So, who receives it? • Do we give people our distraction—or our presence? • Do we listen just enough to respond—or enough to understand? • Do we love when it is convenient—or when it costs us something? Because every moment you give someone is a statement: “You matter.” “You are worth my life, in this moment.” And that is exactly what Jesus says to us today.

At every Mass, He gives you not just something—but someone, Himself: His time, His presence, His Body and His Blood. And then He sends you out to love and live the same way. So, this week, make it concrete. Maybe, choose one person. Give them your full attention. No phone. No rushing. No divided focus. Just time. Because when you do, you are not just being kind. You are revealing Christ to them, through you! And you are proving—by the way you spend your life, by the time you give to someone else—what love is truly worth—your life!